

#### JUL/AUG ISSUE 07

QUERIES
EVENTS
LATEST UPDATES
SPILLING THE SECRETS
UNCOVERING EVERYTHING
LATEST TRENDS

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# NAZIMABAD



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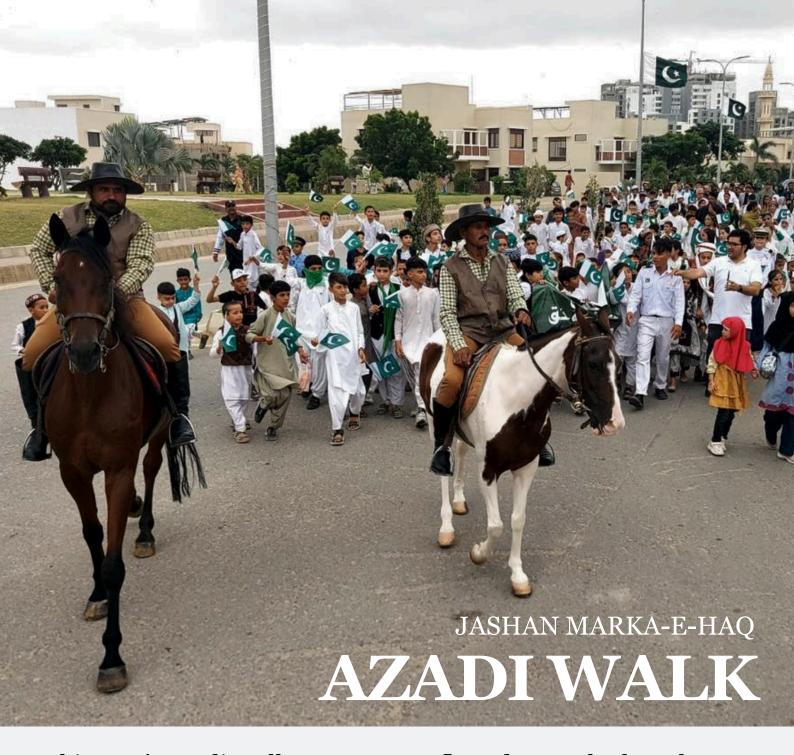
# CYCLING COMPETITION

JASHAN MARKA-E-HAQ



A DAY FULL OF SPEED, SPIRIT, AND CELEBRATION

AN ACTIVE AND VIBRANT LIFESTYLE



This year's Azadi Walk at
Naya Nazimabad was a
resounding expression of
patriotism and community
spirit. Residents of all ages
came together, draped in
green and white, to celebrate
the essence of freedom and
national pride. With flags
held high and hearts filled
with unity, the walk

reflected not only the values of independence but also the strength of a community that stands together. The event served as a reminder that true progress lies in togetherness, resilience, and love for our homeland. It showcased how a shared sense of belonging can transform a housing society into a vibrant hub.

### JASHN-E-AZADI FOOD FESTIVAL



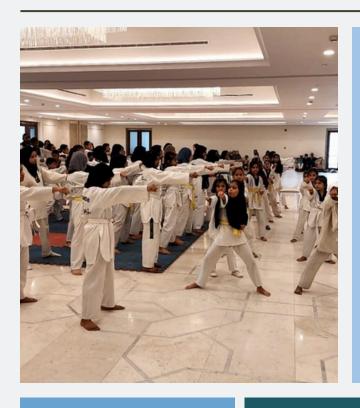
Our Mexican Night was a night to remember with unforgettable moments.



Our Arabian Night came alive with music and laughter



#### TAEKWONDO & KICKBOXING



#### Strength. Discipline. Power.

At Naya Nazimabad Gymkhana, the spirit of martial arts comes alive through Taekwondo and Kickboxing – two sports that go beyond fitness, shaping both the body and the mind.

Taekwondo, rooted in centuries of Korean tradition, is more than just a sport; it is an art form that instills discipline, respect, and focus.

Together, these dynamic disciplines are empowering our members, from kids taking their first steps in martial arts to adults looking to challenge themselves physically and mentally.

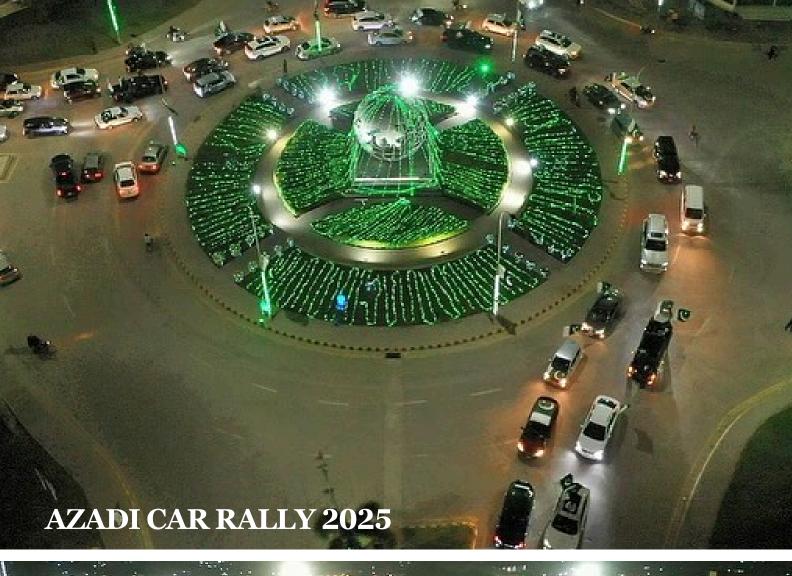
# Martial Arts, Fitness, Strength, Life Balance







Kickboxing delivers highenergy training that combines strength, endurance, and agility. Known for its fast-paced movements and powerful strikes, it serves as the perfect workout for those who wish to build stamina.











**SWIMMING COMPETITION 2025** 

# EVENINGS INNAYA NAZIMABAD

EVENINGS FILLED WITH LAUGHTER, LIGHT, AND LASTING MEMORIES.

Evenings at Naya Nazimabad carry a charm of their own — families strolling through lush walkways, children cycling freely, and friends gatheringto relax after a long day.









# The Joy of Shared Spaces: Why Communities Build Stronger Bonds







#### The Role of Sports in Building Character and Discipline

Sports are more than just games — they are powerful tools that shape character and instill lifelong values. From the cricket field to the squash court, every match teaches lessons in teamwork, patience, and resilience. Athletes learn to respect rules, embrace fair play, and push their limits, all while developing the discipline needed to balance effort with consistency.

For children and youth especially, sports nurture confidence, leadership, and the ability to handle both victory and defeat with grace. Beyond physical fitness, they strengthen emotional endurance, teaching that progress is earned through dedication.



#### The Timeless Art of Focus: What Archery Teaches Us About Life

Archery, an ancient practice, teaches us how to slow down, breathe, and give our full attention to one goal. It is not only about hitting the target, but about learning patience, balance, and calm. When an archer pulls the bow, there is a moment of silence. The world feels still. The eyes fix on the target, the mind clears, and everything depends on that one release.

Archery also builds discipline. Just as every arrow needs the same posture and focus, our daily life also needs consistency. Even if we miss sometimes, practice helps us grow. For children, it builds confidence and focus. For adults, it is a way to relax and find peace away from stress.

At Naya Nazimabad, archery is more than a sport—it is an experience. Residents enjoy the chance to connect with this timeless skill, discovering strength, calm, and clarity with every shot. Here, each arrow is not just play, but a reminder to pause, aim, and move with purpose.





# Balancing Work and Wellness in Today's World



The modern lifestyle often blurs the line between professional commitments and personal well-being. Yet, balance is not a luxury — it's a necessity. Integrating small habits like exercise, mindful breaks, and family time can reduce stress and boost productivity.

Wellness isn't just about health; it's about living a life that feels whole. A balanced routine helps individuals excel at work while nurturing their physical and emotional needs, creating harmony that benefits both individuals and the communities they are part of.

magazine, so it needs to be flexible, meaningful, and consistent enough for future issues.

Next, think of a compelling feature for your cover story. This will be what draws your audience in. Make sure that you have accompanying visual content that immediately catches the eye. Include photos, illustrations, and other graphics to match. Appeal to your audience, choose the right fonts and images, and you'll have a magazine that people will remember for years to come.



#### SHAPING THE FUTURE OF COMMERCE AT NAYA NAZIMABAD

Business Enclave project takes shape as the next big step in redefining opportunities for commerce, investment, and growth within the city. Strategically located within the heart of Naya Nazimabad, the Business Enclave is designed to bring together modern architecture, accessibility, and functionality. It offers thoughtfully planned commercial spaces that can cater to a wide range of businesses — from retail outlets and offices to cafes, clinics, and professional services.

The development is not only about creating commercial facilities but also about fostering a vibrant ecosystem where residents and visitors can shop, work, and socialize in a secure and well-maintained environment. The project emphasizes convenience and community integration, ensuring that businesses benefit from a built-in customer base of residents while also attracting visitors from surrounding areas.

Thank You for Reading!

We sincerely appreciate you taking the time to read this edition of the Naya Nazimabad E-magazine. Your support and engagement are what make our community vibrant and connected.

We hope this issue has provided you with valuable information and a glimpse into the wonderful activities and achievements within our community. We are committed to keeping you informed and connected, and your participation plays a crucial role in our shared success.

As we look ahead to future editions, we welcome your suggestions and contributions, ensuring that we continue to deliver content that resonates with you.

Thank you for being an integral part of our journey. We look forward to bringing you more engaging stories and updates in the coming issues.

Stay tuned for more event coverage stories from Naya Nazimabad. Your feedback and contributions are always welcome as we strive to bring you the best of our community.

Warm regards,

Naya Nazimabad

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